



Massage Therapies & Body Treatments

All services are performed in our Massage Suites located in Beachmere West's new spa level. Our Massage Therapists are Maine licensed and highly skilled in their profession. ***For your safety, please consult with a physician before receiving massage services if you have any health issues or are pregnant.***

Relaxation Massage / Deep Tissue Massage

60 min \$90/\$100 75 min \$105 / \$115
 90 min \$120/\$130 120 min \$150 / \$160

Couples Massage

Enjoy your massage in the same room as your friend or loved one. **Choose** from Relaxation or Deep Tissue.

60 min \$180 / \$200 75 min \$210/ \$230
 90 min \$240 / \$260 120 min \$300/ \$320

Maternity Massage

Designed to relax the mother-to-be from the first to third trimester.

60 min \$95

Tired Feet Treat

Aromatherapy steamed towels with Peppermint and Rosemary essential oils followed by foot and lower leg massage.

45 min \$70

Hot Stone Therapy

Heated basalt stones and warm aromatherapy massage oils are used to penetrate tight muscles.

60 min/ 90 min \$105/ \$145



Body Treatments:

Body Foliation Therapy

50 min \$90

Give your body the customized exfoliation it needs coupled with the warming sensation it craves! A gentle exfoliation leaves skin smoother and ready for maximum absorption of botanical oils.

Power Recovery Therapy

(Includes Body Foliation Therapy)

90 min \$130

An intense wrap therapy dedicated to feeding your skin with nourishment. A blend of Wheat Protein and Honey provides maximum hydration while Wasabi, Ginger and White Tea stimulate blood circulation. Customized essential oil blends offer aroma-therapeutic benefits, while rich Kukui Nut, Olive & Grape Seed oils smooth and provide antioxidant protection.

Double Chocolate Orange Body Torte Wrap

90 min \$130

This treatment trio includes a sugar scrub, body wrap, and masque, each deliciously decadent. Rich cocoa and uplifting orange will feed your spirit as well as your skin, and you'll leave detoxified, toned, and hydrated. Indulging your cravings was never so good for you.

Diamond In the Rough Body Wrap

75 min \$110

Discover hidden treasures within your own skin! This masque polishes your body revealing a Diamond in the Rough. Let your inner beauty shine and dazzle that special person with renewed radiance.

Beachmere Signature Treatments:

Lemongrass Fields Body Scrub, Wrap and Massage

Imagine stretching out in a sunny field of Lemongrass, soothing green plants as far as the eye can see... This fragrant three step body treatment-scrub, wrap and massage-will have you feeling just that rejuvenated. You'll be invigorated and you're skin will be nourished and moisturized. Dreamy! **90 min \$130**

Splendor in the Grass Body Wrap

Green is grand! Enjoy the benefits of nature through the Splendor in the Grass exfoliating, detoxifying wrap. Let its fresh grassy scent carry you back to dewy morning meadows. Surrender your cares like a child in summertime. **50 min \$100**

Misty Morning Ocean Waters

Misty Morning Ocean Waters with seaweed, sea salt and rose to soothe, nourish, detoxify and revitalize. You get all the benefits and the fresh clean scent of the ocean.

Massage	60 mins/90 min	\$90/\$120
Foot soak and massage treatment	45 min	\$70
Body Wrap	50 min	\$90
Exfoliating Body Scrub	45 min	\$90

For Men:

Himalayan Body Scrub and Wrap

60 min \$100

Take time out of your hectic schedule to scrub away rough, dry skin; this body scrub and wrap is designed to detoxify and revitalize a man's skin. Shea butter, Eucalyptus Oil and leaf, Himalayan Salts, Grape Seed Oil, Lavender Oil and White Kaolin Clay are all part of the journey that will bring you to your final destination- rejuvenated skin.

Half Time Sports Treatments

Weekend warriors and armchair quarterbacks alike will appreciate these stimulating treatments for men. Black Pepper and Spearmint invigorate while your massage therapist relieves tight sore muscles or achy feet. Just what the coach ordered to relax tired muscles. You'll be ready to tackle life with renewed energy after this treatment.

Massage	45 min	\$75
Foot Soak and Massage	45 min	\$75



Appointments and Cancellation Policies:

*Appointments can be made by contacting The Beachmere Inn Staff at the Front Desk. Dial 0 from your room. We require a valid credit card to hold all appointments and to ensure understanding of and compliance with our cancellation policy.

*A 24 hour notice of cancellation is required to avoid full charge for services missed. Late arrival will result in shortened treatment time.

*Please arrive at the Massage Suites 10 minutes before your scheduled appointment time with appropriate paperwork completed

*Clients under 18 years of age must be accompanied by an adult.

*** Children who are not receiving treatments will not be allowed in the massage suites unattended or in treatment rooms at any time.**